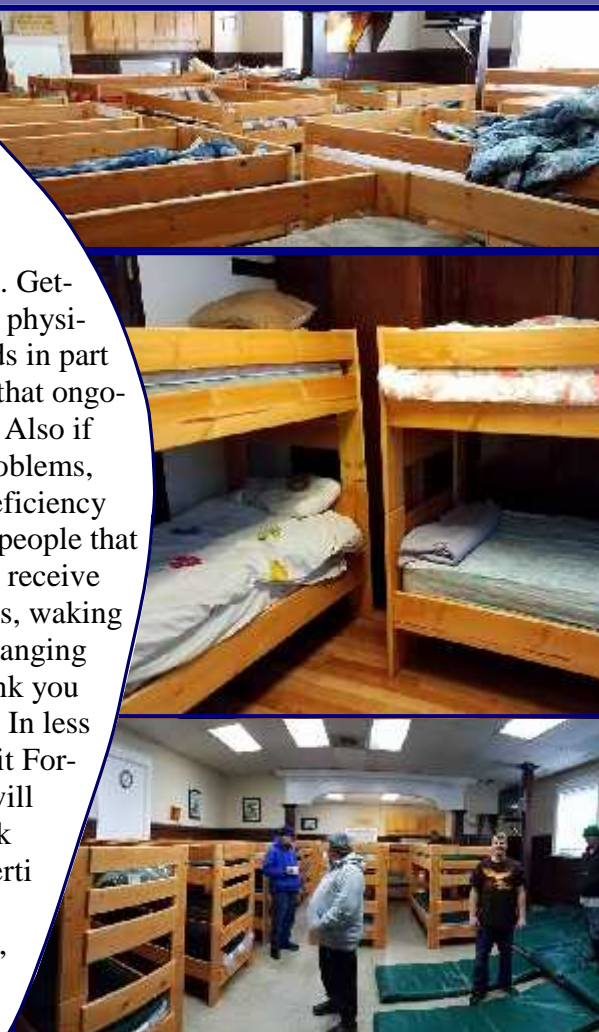


## Bunk Beds!

Thanks to our giving community, the guests of the Eureka Rescue Mission Men's Shelter are now sleeping in brand new sturdy wooden bunk beds. For years we have utilized our former chapel as a multi purpose room which we converted into a sleeping area during the evenings. Overnight guests slept on mats spread out on the floor. Although it certainly was better than sleeping out in the elements on hard ground, it still wasn't as good as sleeping in an actual bed. Sleep plays a vital role in good health and well-being throughout our lives. Getting enough quality sleep at the right times can help protect mental health, physical health and quality of life. The way you feel while you're awake depends in part on what happens while you're sleeping. For example, studies have shown that ongoing sleep deficiency can raise your risk for some chronic health problems. Also if you're sleep deficient, you may have trouble making decisions, solving problems, controlling your emotions and behavior, and coping with change. Sleep deficiency also has been linked to depression, suicide, and risk-taking behavior. The people that come to utilize our services are already down on their luck. Now they will receive an even better restful night of sleep off the floor and onto comfortable beds, waking up even more rejuvenated, hopefully to make good and wholesome life changing decisions. Thank you again to all of you who contributed. Also, a big thank you to Pay it Forward Humboldt for organizing a sheet drive for the new beds. In less than 24 hours community members responded to a Facebook post by Pay it Forward Humboldt and provided sets of sheets for each bed! Eureka Rotary will also be providing sheet sets for each bed in the near future. A special thank you to, Virginia Bass, Matthew Owen and Eureka Rotary, Pastor Steve Berti and Eureka First Nazarene Church, City of Eureka and Council Members, Miles Slattery Director of Parks and Recreation, Ron and Debbie Dockins, Charlotte McDonald, Faith Center, Vern's Furniture and all of our faithful financial supporters.



## On the Road to Success

Daniel Caulder, one of our New Life Program graduates, has taken the next step in life by pursuing a career in long haul truck driving. Daniel moved to Iowa and entered into the North American Driver Academy with the promise of a driving position for CRST International upon graduating the academy. Daniel successfully graduated the academy on October 18th, spent a few months driving with an instructor, and now is on his own with another partner driving all over the country. When we asked Daniel what it was like going through the academy he said, "It was awesome and I loved it but it was not easy to make it through such rapid training with such a vast amount of information in such a short amount of time but God is always with me and He got me through it like I knew He would." Periodically, we are in contact with Daniel on his Facebook page, which is such a blessing because he posts photos of the country where he is traveling. On November 5th we asked him how things were going and he said, "Things are going great, getting ready to drive from Tennessee to Minnesota. I'm learning a lot and seeing a lot of places, driving loads to and from different states. I do my best to stay strong in my relationship with the Lord and His word and to be a shining example for Jesus." The most recent post on his Facebook page was in December 2016 of photos of his travels through Virginia. He is having the time of his life and he absolutely loves driving truck. Daniel had a great word for all the men in the New Life Program and our donors when he said, "Tell the brothers that I love them and miss them and that their prayers are always welcome and appreciated. Stay the course throughout the entire program, God changed me and made me a new creation and saved my sinful soul through it. He gave me a whole new life and outlook with an eternal hope and He will do the same for each and every one of you if you take Him seriously. For all the people who donate to the Eureka Rescue Mission I would like to thank you from the bottom of my heart, you made it possible for me to get my life back and be a success. I love you all."



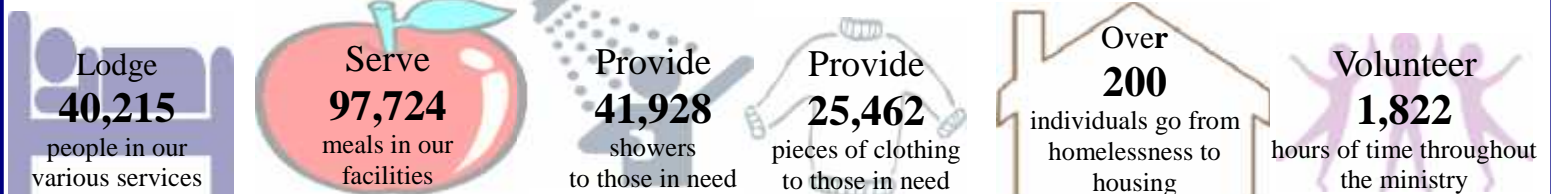
## St. Joseph Hospital



Once again we would like to thank St. Joseph Health – Humboldt County annual Care for the Poor grant committee for awarding sufficient funding for our part time Chaplain position. Grant recipients are chosen by the Community Benefits Committee of St. Joseph and Redwood Memorial Hospitals. Our Chaplain spends his time exclusively to ministering to our program members and overnight guests. We are blessed by St. Joseph Health for their support and look forward to further ministering to those who need it most.

## Real Change in 2016 That You Helped Provide

It is hard to express how much is going on at the Shelters. The statistics below are from our Men's Shelter as well as our Women and Children's Shelter for the year of 2016. On any given night, we provide shelter for approximately 110 men, women, and children and even more on cold winter nights. We offer many additional services, including hot meals served daily, showers, free clothing, and hygiene items from our shelter locations.



## New Life Discipleship Program Graduates



John Conoboy  
11/9/2016

John came to the Mission a completely broken man. He had no hope, and along with that, the doctor told him that if he didn't take care of his body he didn't expect him to live much longer. John suffered from a serious drug problem and over the years it has taken a toll on his body. John went through many trying situations while he was in the New Life Program but showed serious determination to press through each of those difficulties. John graduated the program and immediately went to work on a fishing boat. When the boat returns to the dock, John returns to the Mission. John now has an eternal hope as a result of his relationship with Jesus Christ. We are blessed to have John staying with us as a graduate and he is such an inspiration to those who are currently in the program.



David Anderson  
11/16/2016

Dave came to the Mission with nothing but the clothes he had on. Dave spent many days withdrawing from alcohol but when it was finally over he had a smile on his face once again. Through his program, Dave became a mentor to many of the newer program members and helped them through many difficult situations that they were going through. When Dave graduated he also went to work on a local crab boat. Dave spent a couple of weeks out on the ocean and realized that crabbing was not a good fit for him. Dave is currently staying at the shelter as a graduate and is praying about what type of work he wants to do. He also helps at his local church cooking for potlucks and cuts hair for our homeless guests through the week.



Jason Jesse  
1/4/2017

Jason also came to us a very broken man. Jason had a serious alcohol problem which robbed him of all that he had. When he arrived at the Mission he was thin and unhealthy. After a couple of months the real Jason appeared. Jason flourished during his program and went out of his way to be a servant to all of our nightly homeless guests. He truly enjoys giving back to others. Jason has been a blessing to have at the program and he is also staying with us as a graduate, encouraging all of the program members to keep up the good fight. The day after Jason graduated he was hired full time at our Thrift Store as a cashier and warehouse worker.

## 2016 Memorials

By sending a memorial gift to the Eureka Rescue Mission, you can recognize a life you wish to honor.  
Mail your gift to: Eureka Rescue Mission, P.O. Box 76, Eureka, CA 95502

### *In Loving Memory*

**David Tecker**  
Jean Santi  
Joseph A. Pacillo  
Deborah Morrison  
Gary Learn  
Dale and Cindy Stockly

**Larry Bryant**  
Ivey Bryant

**Lynette Dedemer**  
Jean Turner

**Anita Pera**  
**Leo Francesconi**  
Lynne McKenna

**Roger Barnhart**  
William S. Darnall  
Richard and Bonnie Ridenhour  
Elizabeth I. Woods  
Thomas and Sharalee Wrigley

**Helen 'Aggie' Cyphers**  
Samuel and Gary Anderson  
Valerie Christensen  
Henry and Carol Del Biaggio  
Dan and Carol Ice  
Ronald and Shirley Keller  
Susan Lindblom  
McCrea Motors  
Ruth S. Morris  
Ronald Moser  
T. Reinig  
Tammi and James Schipper  
Margret Weatherbee  
Sigrid Weir  
Elizabeth I. Woods

**Jean Fisher**  
Sue Bartlett  
Robert and Sena Gillenwater  
James and Joyce Harmon  
Harold L. Culbertson

**Lana Angelel**  
Larry Angelel

**Stuart Sundet**  
Eileen and Gordon Amos  
Linda Bareilles  
Valerie Christensen  
William S. Darnall  
Melissa Gordon  
Ronald and Shirley Keller  
Korean War Veteran Association  
Leo Sears  
Ann M. Seemann  
Moises and Marlena Vega  
Sigrid Weir  
Elizabeth I. Woods

**Howard Rien**  
**Marilyn Genzoli**  
**Patti Rich Terry**  
**Elsie Nielson**  
**Lucy Rocha**  
**Jerry Partain**  
**Amanda McCollister**  
**Gloria Barnwell**  
**Don Gacomini**  
**Patricia Smith**  
**Delphine Livingston**  
Eileen and Gordon Amos

**Mark Bolton**  
James W. Bass

**Ben and Camille Rand**  
**Joanne Bogdanos**  
Demetrios Bogdanos

**Eleanor Sweet**  
Robert and Sena Gillenwater

**Jim Warren**  
Henry and Carol Del Biaggio

**Darrell Robinson**  
Henry and Carol Del Biaggio  
James and Patricia O'Neill

**Anita Hull**  
**Myron Cramer**  
**Betty Raffaelli**  
**Evelyn Carpenter**  
Elizabeth I. Woods

**Jerry Sinclair**  
**Ken David**  
**Jeff Lendahl**  
**Ed Peugh**  
**Sherman Jent**  
**Frank Van Duzer**  
Herbert and Jane Fraser

**Harold Westman**  
Craig L. Chamberlin  
Demello, McAuley, McRyanolds, and  
Holand, LLP  
Fram Lodge No. 13 Sons of Norway  
Herbert and Jane Fraser  
Richard and Carolyn Hunt  
Alan and Connie Jorgensen  
Korean War Veteran Association  
Carol Price  
Donald and Nancy Quintrell  
Jeffery A. Schimke  
G. L. Swanback  
Robert and Marilyn Westberg  
Bev Westman  
Jan Niclai  
Ruth Witthoeft

**Leonard Larson**  
Jeff Westman

**Marnie Phillis**  
**Eileen Simpson**  
**Jimmy Smith**  
Regli Jerseys

**Roslene Cooper**  
Steven and Julia Roper

**Marge Custis**  
Bette Watkins

## Eureka Rescue Mission

Winter 2017 VOL. 8#1

[www.eurekarescuemission.org](http://www.eurekarescuemission.org)

# CHANGED LIVES

## 2016 Holidays

The Holidays. A time of year filled with great expectation, but all too often fraught with stress and struggle. As followers of Christ, we are called and blessed to be able to help people. At the Eureka Rescue Mission we have a tradition of hosting holiday meals for those in our community who are in need. Not only do we serve traditional meals with all the fixings, but our guests are able to sit and be served by an army of volunteers. For Thanksgiving, we served 349 meals and for Christmas we served 300. In addition to the meals served here, we were also able to provide over 200 holiday food boxes for families in need in our community. Thanks to the generosity of churches and community members, we were also able to provide many with coats, sweatshirts, and hats. Along with food and clothing, Christmas was made a little better for hundreds of children in our community. United Bikers, local churches and private donors provided copious amounts of toys for kids of all ages. It was a steady stream of parents coming to the shelter to pick up bags of toys days prior to Christmas. In addition to toys going out, many toys remained for all of the children residing with us. They were able to enjoy opening presents next to our Christmas tree! Overall, it was a completely successful holiday season. Thank you so much to all of our donors for making this holiday season a time of joy and abundance!



## Rotary Turkeys

Our new freezer was nearly too full to walk into the week prior to Thanksgiving, thanks to the donation of 110 turkeys organized by the Rotary Club of Eureka. Rotary Club of Eureka president Matthew Owen put the call out to Rotary members after learning that we only had 12 turkeys left after preparing for our Thanksgiving meal. We were in serious need of turkeys for holiday food boxes which would go to families in the community who were not able to afford items for a traditional meal at home. On Monday, Rotary members arrived with a truck full of frozen turkeys, which were purchased from Safeway and Grocery Outlet. This donation also provided for our Christmas meal. We are so blessed by such great partners in this community who, when they see a need, form a group of like minded people and meet that need.

### BOARD OF DIRECTORS

**President:** Lawana Martin  
**Vice President:** Jim Cyphers  
**Secretary/Treasurer:** Sigrid Weir

**Member:** Dan Ice  
**Member:** Bob Ow  
**Member:** Bob Vess  
**Executive Director:** Bryan Hall Sr.

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Would you like more information?  
Find us online at:  
[www.eurekarescuemission.org](http://www.eurekarescuemission.org)

